

# Legal Information and Legal Help Directory

## Phone Number and Website Details

This list gives Nova Scotia legal information and support resources to help you get started if you have a legal problem. It does not list all resources that might help, so if you cannot find what you need contact one of the resources listed. If you need legal advice contact a lawyer in private practice or Nova Scotia Legal Aid.

### QUICK REFERENCE

#### 211 Nova Scotia

Information on services for many issues across Nova Scotia

Call/Text/Email 211

<https://ns.211.ca/>

#### Legal Info Nova Scotia

Free information on all legal issues, and ways to find a lawyer

1-800-665-9779 or

[questions@legalinfo.org](mailto:questions@legalinfo.org)

<https://www.legalinfo.org/>

(Including live chat)

#### Nova Scotia Legal Aid

Legal information, advice and representation on criminal, family, social justice (like Tenancy, Income Assistance)

1-877-420-6578

<https://www.nslegalaid.ca/>

#### Government of Canada Website

1-800-622-6232

TTY: 1-800-926-9105

<https://www.canada.ca/en.html>

#### Government of Nova Scotia Website

1-800-670-4357

TTY: 1-877-404-0867

<https://beta.novascotia.ca/>

### FAMILY LAW

#### Summary Advice Counsel

Free, brief family law legal advice and information if you do not have a lawyer.

SEE QUESTION 21 to find the Summary Advice Counsel in your area: <https://www.nsfamilylaw.ca/legal-advice-information>

#### Nova Scotia Legal Aid

Family law legal information, representation and advice TF: 1-877-420-6578

<https://www.nslegalaid.ca/>

#### Nova Scotia Family Law

<https://www.nsfamilylaw.ca/>

Halifax: 902-424-5232

Sydney: 902-563-5761

email: [questions@nsfamilylaw.ca](mailto:questions@nsfamilylaw.ca)

#### Legal Info Nova Scotia

1-800 665-9779 or [questions@legalinfo.org](mailto:questions@legalinfo.org)

<https://www.legalinfo.org/i-have-a-legal-question/family-law/>

#### Access Justice: Bilingual Legal Advice and Assistance (including form filling)

1-844-250-8471

<https://www.ajefne.ns.ca/acces-justice>

### CRIMINAL LAW

#### Nova Scotia Legal Aid

Criminal law legal information, representation and advice 1-877-420-6578

<https://www.nslegalaid.ca/> and <https://www.nslegalaid.ca/legal-information/criminal-law/>

#### Mi'kmaq Legal Support Network

Legal and victim services to Indigenous persons in Nova Scotia 1-877-379-2042

#### Legal Info Nova Scotia

1-800-665-9779

[www.legalinfo.org](http://www.legalinfo.org)

### NON-LAWYER CRIMINAL COURT INFO AND ACCOMPANIMENT

#### Coverdale Courtwork Society

Assists women and gender diverse people 902-422-6417

<https://www.coverdale.ca/>

#### Elizabeth Fry Society of Mainland NS

Assists women and girls involved with the criminal justice system 902-454-5041

<https://efrymns.ca/>

#### Elizabeth Fry Society of Cape Breton

902-539-6165

<https://www.efrycb.com/>

## IMMEDIATE SAFETY FROM ABUSE

### WOMEN'S SHELTERS

#### Transition House Association of Nova Scotia

Find a women's shelter outside Halifax

<https://thans.ca/our-shelters/>

1-855-225-0220

#### Alice Housing

Shelter for women and children in Central NS

902-466-8459

<http://alicehousing.ca>

#### Bryony House

Shelter for women and families in Central NS

902-429-9002

<http://bryonyhouse.ca>

### VICTIM ASSISTANCE

#### 211 Nova Scotia

info re: finding legal support, housing/shelter, crisis services/hotlines, support groups, counselling, prevention and outreach, abuse reporting, sexual assault treatment

Call/Text/Email: 211

<https://ns.211.ca/>

#### Mi'kmaq Legal Support Network

Legal and victim services to Indigenous persons in Nova Scotia

1-877-379-2042

#### Canadian Human Trafficking Hotline

24/7/365 and support is available in over 200 languages for victims of human trafficking

1-833-900-1010

<https://www.canadianhumantraffickinghotline.ca/get-help/>

#### Halifax Regional Police Victim Services

##### Including Peace Bond navigators

Halifax police provide assistance to victims post offence including help with peace bonds (ie., "restraining orders")

902-490-5300

<https://www.halifax.ca/fire-police/police/programs-services/victim-services-halifax>

#### Sexual Assault Services

Free Legal Advice for Sexual Assault Survivors

<https://novascotia.ca/sexualassaultlegaladvice/>

Call/Text/Email: 211

## WORKPLACE ISSUES

### NS Labour Standards

Employment rights under the NS Labour Standards Code

1-888-315-0110

<https://novascotia.ca/lae/employmentrights/>

### The Halifax Workers' Action Center

Free employment law information

902-221-0755

<http://halifaxworkersaction.ca/>

### Workers Advisor's Program

Free legal clinic offering services to injured workers

1-877-220-2722

<https://novascotia.ca/lae/wap/>

### Sexual Harassment at Work

Free Legal Advice Program- Legal Info NS

1-833- 407-3600

email: [safeatwork@legalinfo.org](mailto:safeatwork@legalinfo.org)

<https://tinyurl.com/fckv692p>

## HOUSING AND TENANCY

### Dalhousie Legal Aid Service

Tenants' Rights information, advice, representation

902-423-8105

Tenants' Rights Guides:

<https://www.dal.ca/faculty/law/dlas.html>

### Nova Scotia Legal Aid

Tenants' Rights information, advice, representation

See contact listed below to find the office near you

<https://www.nslegalaid.ca/legal-aid-offices/>

1-877-420-6578

### Residential Tenancies Program

1-800-670-4357

TTY: 1-877-404-0867

<https://beta.novascotia.ca/programs-and-services/residential-tenancies-program>

## WILLS, POWERS OF ATTORNEY & PERSONAL DIRECTIVES

### Legal Info Nova Scotia

1-800-665-9779

<https://www.legalinfo.org/i-have-a-legal-question/wills-and-estates-law/>

### Nova Scotia Seniors' Safety Program

Halifax Office:

902-455-6393

Or contact NS 211 or go to the page listed below to find the office near you

[https://novascotia.ca/seniors/senior\\_safety\\_programs.asp](https://novascotia.ca/seniors/senior_safety_programs.asp)

## GOVERNMENT BENEFITS

### Dalhousie Legal Aid Service

Information, Advice and Representation

902-423-8105

<https://www.dal.ca/faculty/law/dlas.html>

### Nova Scotia Legal Aid

Information, Advice and Representation

<https://www.nslegalaid.ca/legal-aid-offices/>

1-844-956-0955

### Nova Scotia Employment Support & Income Assistance (ESIA)

<https://novascotia.ca/coms/department/contact/index.html>

1-877-424-1177

### Government of Canada Info

EI, Disability, Housing, Old Age Security

1-800-622-6232

TTY: 1-800-926-9105

<https://www.canada.ca/en/services/benefits.html>

## DISABILITY

### reachAbility Legal Referral Program

1-866-429-5878

Legal Referral Form:

<https://www.reachability.org/legal>

## DISCRIMINATION

### Nova Scotia Human Rights Commission

1-877-269-7699

TTY: 711

<https://humanrights.novascotia.ca/know-your-rights>

## IMMIGRATION LAW AND SERVICES

### 211 interpreter services

NS 211 offers phone interpretation in over 140 languages to help you find community supports & services near you

Call/Text/Email 211

<https://ns.211.ca/>

### Immigrant Services Association of Nova Scotia (ISANS)

1-866-431-6472

email: [info@isans.ca](mailto:info@isans.ca)

<https://www.isans.ca/>

### Legal Info Nova Scotia

1-800-665-9779

<https://www.legalinfo.org/i-have-a-legal-question/newcomers-to-canada/>

### Halifax Refugee Clinic

902-422-6736

email: [halifaxrefugeeclinic@gmail.com](mailto:halifaxrefugeeclinic@gmail.com)

<https://halifaxrefugeeclinic.org/>

### Access Justice: Bilingual Legal Information

1-844-250-8471

<https://www.ajefne.ns.ca/acces-justice/>

## ENVIRONMENTAL LAW

### East Coast Environmental Law

902-494-7121

[www.ecelaw.ca](http://www.ecelaw.ca)

## FINDING A LAWYER

### Nova Scotia Legal Aid

Apply online <https://www.nslegalaid.ca/online-application/>, or contact the Nova Scotia Legal Aid office near you

<https://www.nslegalaid.ca/legal-aid-offices/>

1-877-420-6578

### Nova Scotia Barristers' Society

Online Directory of Lawyers in NS

<https://members.nsbs.org/LawyerSearch>

## FINDING A LAWYER *continued*

### Legal Info Nova Scotia

Info about ways to find a lawyer in private practice, including a Lawyer Referral Service

1-800-665-9779

Question Form: <https://www.legalinfo.org/email-us-your-legal-question>

Web: <https://www.legalinfo.org/i-have-a-legal-question/lawyers-legal-help/>

## REPRESENTING YOURSELF IN COURT

### Self Represented Litigants Project East

Information on Representing yourself in Court

Email: [nsrlpe@gmail.com](mailto:nsrlpe@gmail.com)

902-830-1854

### Supreme Court Free Legal Clinic

Free one hour session with lawyer, by appointment only:

[https://courts.ns.ca/self\\_reps/nsca-nssc\\_free\\_legal\\_clinic.htm](https://courts.ns.ca/self_reps/nsca-nssc_free_legal_clinic.htm)

---

BROUGHT TO YOU BY

---

ACCESS TO JUSTICE  
& LAW REFORM  
INSTITUTE  
OF  
NOVA SCOTIA



LEGAL INFO<sup>i</sup>  
NOVA SCOTIA

Legalinfo.org

Thank you to the Department of Justice Canada for project funding to support this publication.